



Writing and Psychoanalysis

An evening of Creativity and the Unconscious

You are warmly invited to participate in a stimulating and thought-provoking evening exploring the meeting point between writing and psychoanalysis.

This event offers a space where creativity can be nurtured through the sharing of written work inspired by themes such as:

- Childhood memories
- Dreams
- Ghosts from the past
- Unspoken or half-known experiences
- The unconscious

All genres welcome:

- Short stories
- Flash fiction
- Memoir
- Poetry
- Personal reflections ...and more



- Each participant will be invited to present up to 10 minutes of their work
- Please prepare a selected excerpt if your piece is longer
- After each reading, there will be a group reflection

The discussion will be grounded in free association and resonance with personal experience.

There will be no formal critique or technical feedback on the writing itself.

The focus is on shared exploration and meaning-making.

To help us plan the evening and manage time, please send your work in advance to:
nzpsychoanalyticpsychotherapy@gmail.com

And please fill in the registration form: <https://form.jotform.com/260528341006852>

We very much hope to see many of you there for what promises to be a rich and engaging evening.

Friday 20 March 2026 at 7-9 PM

Jubilee Building, Community Centre, Parnell

and online - a link will be sent upon registration