

## PSYCHOANALYSIS & POETRY...POETS & POEMS

With participation of Courtney Sina Meredith

VENUE: Jubilee Building, 545 Parnell Rd, Parnell

TIME : Friday 30 August at 7 - 9.30 pm

FEE: \$ 20, students \$ 10

What does psychoanalysis have to do with poetry? Why talk about psychoanalysis and poetry? First of all, because it is a prolific and reciprocal enriching encounter. Furthermore, a possible link between the two can be found in the nature of verbal language and particularly in its potentials to evoke affects of lived experience. However, talking about psychoanalysis and poetry runs the risk of becoming an interesting but purely intellectual exercise if it is not associated with the experience of the poet writing a poem! So the question turns into: how one writes? "This question could only ever be answered by one's unconscious" (Bollas, 2013). The process then becomes how to access the unconscious through language, as one would do in analysis. A poem is written by poets, in their own internal dialogue; then it can be read by an-other in their own intimacy; and when the intimate dialogue between the poet and the poem is publicly shared with an audience (performance poetry) another dimension is introduced, that is the vitality of the experience or "the music of what happens" (Ogden, 1999).

These themes will be introduced by Dr Gloriana Bartoli and experienced by the audience with the participation of Courtney Sina Meredith.

**Courtney Sina Meredith** is an Auckland poet, playwright, fiction writer and musician. Her award-winning books include her play *Rushing Dolls*, poetry *Brown Girls in Bright Red Lipstick* and short stories *Tail of the Taniwha*. She has also published two books for children. Courtney has held various international residencies including the International Writing Program at the University of Iowa where she is an Honorary Fellow in Writing. She is the Director of Tautai, New Zealand's leading contemporary Pacific arts trust.

**Dr Gloriana Bartoli** (MA/PGDip, PsyD, PhD) is a Clinical Psychologist and Psychoanalytic Psychotherapist, Member of the New Zealand Institute of Psychoanalytic Psychotherapy (NZIPP); Psychoanalyst Candidate with the Chicago Psychoanalytic Institute (APsaA, IPA); currently working at the Child and Adolescent Mental Health Service of the Auckland Health District Board (ADHB) as well as in private practice.

Wine & cheese will follow the discussion. Please book by payment on NZIPP account: 38-9016-0052471-00 by 28 August. For Zoom please contact Gustavo: [gustavo.restivo@gmail.com](mailto:gustavo.restivo@gmail.com)