

## 'NOSCE TE ISPUM' – KNOW YOURSELF

Presented by: Dr Gloriana Bartoli



**VENUE:** Jubilee Building, 545 Parnell Rd,  
Parnell, Auckland

And available remotely via Zoom; a link will  
be sent upon registration

**TIME:** Friday 26 August 2022 at 7 - 9:30 pm

**FEE:** \$ 20, students \$ 10

*Wine & cheese will follow the discussion.*

Poetry and Psychoanalysis are both confronted with the question: Nosce Te Ipsum (γνώθι σεαυτόν) - know yourself.

How Psychoanalysis and Poetry understand this question might be different; and the answers can be as infinite, as the experiences of analysis are.

What do Psychoanalysis and Poetry have in common? Maybe a sort of unknown matrix of the drive towards getting to know oneself.

Psychoanalysis talks about unconscious, preconscious and conscious processes. Poetry deals with the art of creating poems, while the poem is the result of poetry. Both can offer an approximation to the 'Nosce Te Ipsum' question.

The New Zealand Institute of Psychoanalytic Psychotherapy (NZIPP) is interested in keeping a space open whereby poetry and psychoanalysis can meet and enrich each other.

The aim is to facilitate an experience whereby writing and sharing poems can be experienced by using a psychoanalytic lens.



NZIPP has launched its 3rd Competition on Poetry and Psychoanalysis.

Winners of the competition will be announced in occasion of the National

Poetry Day: <http://www.nzbookawards.nz/national-poetry-day/competition-calendar/>

All participants are invited to attend and to present their poems.

Poems will be also published on NZIPP Website <http://www.psychotherapy.co.nz/>

and Facebook <https://www.facebook.com/New-Zealand-Institute-of-Psychoanalytic-Psychotherapy-704667686334359>

**Dr Gloriana Bartoli** (PhD, PsyD, MA/PGDip) is a Clinical Psychologist, Psychoanalytic Psychotherapist, and Psychoanalyst with the American Psychoanalytic Association (APsaA). Member and Director of Training of the New Zealand Institute of Psychoanalytic Psychotherapy (NZIPP). Currently working in private practice and as member of the Infant Mental Health Team - Koanga Tupu at the Child and Adolescent Mental Health Service of the Auckland Health District Board (ADHB).