

TRAINING 2020

In 2020 the New Zealand Institute of Psychotherapy (NZIPP) will be offering a **Foundation Training Year in Psychoanalytic Thinking** including the following courses:

- Psychoanalytic Theory;
- Infant Observation;
- Case Discussions.

These courses can be taken concurrently or separately, as stand-alone courses; they can also be an introduction in preparation to the training programme in Psychoanalytic Psychotherapy offered by NZIPP, for those interested in continuing and meeting the requirements. Tutors are NZIPP Members.

PREREQUISITS

Participants must have a current New Zealand registration (or overseas equivalent) and professional training in the mental health, physical health, social and/or education field; students attending university/certified programmes can also apply. Applicants will be invited to attend an individual interview to consider their suitability, in terms of personal/professional maturity and sophistication, and to understand whether the courses meet their needs.

Psychoanalytic Theory

Psychoanalytic Theory will introduce participants to key concepts in psychoanalytic thinking and practice by reading a selection of seminal papers. The course aims at facilitating a capacity to reflect upon and develop a critical thinking when approaching psychoanalytic readings by enhancing discussion between participants and tutors in an informal and lively way.

Infant Observation

Infant Observation is an experience designed to deepen the understanding of how the infant grows and how the inner world develops by observing an infant directly in the home environment over the first year of life. Observations are discussed in a small group facilitated by a seminar leader to focus on relationship patterns, early states of mind and to reflect upon the observer's experience.

Case Discussions

Case Discussions are an opportunity for participants to present their work and to 'learn from experience' using psychoanalytic concepts to understand relational difficulties, clinical challenges and/or impasses by starting to wonder about alternative hypothesis to make sense of them. The emphasis is on the integration of theoretical understanding with clinical practice.

WHERE: The courses are held in Auckland, Balcony Room, Grey Lynn Community House, 520 Richmond Rd, Grey Lynn; and offered remotely by video-conference to participants in other parts of the country or overseas; Zoom details and password will be provided the day before the course starts.

WHEN: Each course will last for 1 ½ hours, once a month from March to December 2020 for a total of 10 meetings per year, starting on Thursday 26th March, and subsequently on the fourth Thursday of every month, excepting Thursday 17th December 2020.

The Theory Course will start at 4.00. Case Discussions Course at 6.00. Infant Observation Course at 7.45. (There will be a half hour break at 5.30, and a 15mins break at 7.30.)

FEES: \$650 for each course; students \$500; Concession for two courses: \$1200, student \$900; Concession for three courses: \$1800, student \$1350

Our bank details are as follows: New Zealand Institute of Psychoanalytic Psychotherapy
38-9016-0052471-00

This fee includes additional Public Lectures, Cineforum, Workshops and Conferences that NZIPP offers during the year, led by psychoanalytic psychotherapists, psychoanalysts and other senior practitioners in the field from New Zealand and abroad.

For further information please contact Chairs of Training:

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