

**NZIPP: POETRY AND PSYCHOANALYSIS
5TH POETRY COMPETITION ON:
'A ROOM OF ONE'S OWN'**

Poems winners of the Competition 2024:

1. Matilda

By Delia Tastard

“Matilda” is a very accomplished poem and speaks so much to the inner world of the protagonist as well as her actual room. It describes loneliness and a psychological togetherness with other humans. It has a clever rhyming and it feels full of compassion and understanding.

2. Own little world

By Irina Frolova

<https://www.facebook.com/irinafrolovapoet/>

“Own little world” is a shorter poem, which evokes a relationship that is without empathy and an inner world that is sensual and rich. The ending felt strong, not defeated.

3. Privacy Gained on a Scratched Screen of an Old Phone in a Crowded

By Edna Heled

The third is a prose poem - which is merging different realities and the blend of the ordinary bus journey with the surreal pictures and images is particularly powerful.

Further information on:

[The New Zealand Institute of Psychoanalytic Psychotherapy \(NZIPP\) Website](#)



And on [Phantom National Poetry Day Website](#)

