## NEW ZEALAND INSTITUTE OF PSYCHOANALYTIC PSYCHOTHERAPY

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## OPEN DAY: INFANT OBSERVATION

NZIPP is running the Infant Observation Course in 2021. This Open Day offers an opportunity to hear some information about the practice of Infant Observation as a specific modality which uses naturalistic observation of an infant in the family setting to help develop a "psychoanalytic attitude" through a direct experience.

The Infant Observation, according to the Tavistock Model, was initially developed by Esther Bick in 1948 at the Tavistock Clinic in London. It has been established as a core element of training psychotherapy students. Over time, its use has been widened to other professionals interested in deepening their understanding of babies and infants, the early psychic development and how the mind works in the first years of life. Due to the characteristic of this experience, the observer has the privilege to observe a very intimate experience of the interaction between mother and baby living through and resolving routine and difficult situations in their own ways. This will lead to the development of a more comprehensive understanding of human development informed by a psychoanalytic approach and child development research. The Infant Observation gradually enables a conceptualisation of nonverbal and implicit interactive processes, prepares the capacity for perceptual and emotional receptivity, and allows a space to consider unconscious processes taking place within all relationships.

At the Open Day we will address some frequently asked questions: What is the Infant Observation useful for? Who can attend the course? How does it work? How can I find an infant and a family to observe? Are there any specific requirements to enrol into this course? What to expect after having completed the course?

TIME: Friday 4 December 2020 at 7:30-9 PM.

VENUE: The Jubilee Building, Parnell or remotely Via Zoom.

FEE: 20NZ\$, 10NZ\$ students

Further information and inquiries: Dr Gloriana Bartoli, E:gloriana.bartoli@gmail.com or Ph:022 0940557



Please book by payment on NZIPP account: 38-9016-0052471-00 by 2 December 2020. Wine & cheese will follow the discussion.