



# NZIPP

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## **Dr Stefano Bolognini** **"Elements of technique between Self and Not-Self"**

**Venue:** The Jubilee Building Parnell  
**Time:** Friday 10 August, 7-9 PM  
**Fee:** \$30, students \$10  
Wine & cheese will follow the lecture

Dr Bolognini will be presenting live streaming from Italy and the presentation will be offered via Zoom to those unable to attend in Auckland.

The presentation will illustrate, from a theoretical and clinical perspective, some elements of technique based on the preconscious perception of the internal world of the other and on the specific use of inter-psychic modalities of analytic work. These specific technical elements, usually implicit and taken for granted, are worthy of further exploration:

1. Requests for clarification using different modalities, i.e. "that is?", "such as?", "how so?";
2. The repetition of what the patient has said, with the inevitable addition of the analyst's preconscious resonant nuances;
3. The extension of 'thoughtfulness', to facilitate inter-psychic syntonization;
4. The communication and validation of the analytic progress, that is noting that the patient has "succeeded in..." or has been "capable of...";
5. The use of the universalizing, impersonal pronoun (instead of a personal pronoun or name);
6. The targeted and intentional use of "we" in specific communicative passages, aimed at producing functional synergies and sustainable sharing.

The presentation will aim at promoting an awareness of the use of the described elements of technique in analytic treatment and in psychoanalytic psychotherapy.

**Dr Stefano Bolognini** is Doctor in Medicine and Psychiatrist, training and supervising analyst of the Italian Psychoanalytical Society (SPI), former President of the Bologna Psychoanalytic Center, former National Scientific Secretary, former President of the Italian Psychoanalytical Society and Past-President (2013-2017) of the International Psychoanalytical Association (IPA), after having been IPA Board Representative for two mandates and member and chair of several IPA committees. For 10 years (2002-2012) he was member of the European Editorial Board of the International Journal of Psychoanalysis (IJP), and from 2016 Honorary Member of the New York Contemporary Freudian Society and of the Los Angeles Institute and Society for Psychoanalytic Studies. Since 2016, Dr Bolognini is the chair of the IPA Inter-Regional Encyclopaedic Dictionary of Psychoanalysis (IRED).

Dr. Bolognini has widely published books, articles in the psychoanalytic field, his main scientific interests are Psychoanalytic Empathy, Interpsychic Dimension, Institutional Issues, Educational Topics, Theory of Technique.

For registration please make your payment before 2<sup>nd</sup> August via internet banking at New Zealand Institute of Psychoanalytic Psychotherapy: 38-9016-0052471-00 and please contact Dr Gustavo Restivo [gustavo.restivo@gmail.com](mailto:gustavo.restivo@gmail.com) for Zoom details.