



ACPP
Australasian
Confederation of
Psychoanalytic
Psychotherapies

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Welcome

Welcome to the Newsletter of the Australian Confederation of Psychoanalytic Psychotherapies. As a body whose purpose is to draw together and represent the views and interests of psychoanalytic practitioners in Australia, it is essential that our Member Associations and their constituents have the opportunity to know about each other and communicate issues of mutual concern. Our intention is to use the Newsletter as a means of reporting the activities of the Confederation to its members, and for any member of the Member Associations to contribute to the shared life of psychoanalytic practitioners in Australia.

To begin with the Newsletter will be issued on an as-needs basis with a view to on-going regular issues as we become better established. We welcome your contributions and comments, which can be sent to the Secretary, Patrick Burnett. We hope it will be a valuable means of keeping in contact with all members and a means of sharing knowledge and experience.

From the Chair of the President



History. The idea of the Confederation was born about 10 years ago when it became apparent that there was no means by which the skills and qualifications of psychoanalytic psychotherapists and psychoanalysts could be represented to the public, to government or to the profession. At that time, our current Member Associations belonged to the Psychotherapy and Counselling Federation of Australia (PACFA) forming a small psychoanalytic section. However, it became apparent that this did not meet the needs for recognition or public representation of the psychoanalytic psychotherapies.

Several people from the current Member Associations and also the Australian Centre of Psychoanalysis began meeting and discussing how such a group might form. Many issues were explored by this working group, including what appeared to be common ground as well as areas of difference. Out of these meetings we developed a structure to represent our various associations.

In July 2018 all Member Associations signed a Deed of Agreement. There are currently four Member Associations. The Australian Association of Group Psychotherapists (AAGP), The Australian and New Zealand Society of Jungian Analysts (ANZSJA), The Australian Psychoanalytic Society (APAS) and the Psychoanalytic Psychotherapy Association of Australasia (PPAA).

Purposes. The establishment of the Confederation was motivated by the need for a coherent voice representing a psychoanalytic perspective in the therapeutic domain. We felt it necessary to create a voice which would represent those who, having engaged in intensive, tripartite training, are qualified to represent psychoanalytic psychotherapy which involves treating complex disorders. We aim to promote excellence in psychoanalytic thinking and psychotherapy, high standards of training and research and to work to promote and make psychoanalytic psychotherapy accessible to all.

We share our recognition of the unconscious as central to our work, transference and the interpretive role of the therapist. But more importantly, we share an ethic about respecting our patients and colleagues as evolving human beings entitled to being understood and treated with dignity and respect.

At this time the Australian confederation of psychoanalytic psychotherapies (the Confed) is an unincorporated Association. Incorporation would require at least five member organisations that have adopted the constitutional arrangements and training standards of the Confederation. This may happen some time in the future if suitable new member organisations join us.

Structure. Each of the four Member Associations comprising the Confed, has appointed two representatives to the Board. The executive and other office bearers are elected by the Board from among their numbers. The Board members are responsible for representing the views of their Member Associations and for communicating the Confederation's activities back to them. Most of the Board meetings will be by teleconference providing a forum for representatives from various states to meet. In time, subcommittees will form to manage various aspects of our ongoing roles and tasks.

Unified Voice. While the psychoanalytic community has always had members with influential roles in public health and academia, as a profession we have lacked the voice to be an advocate for the unique strengths of our work. We hope to change this and together with the growing body of evidence, influence health policy for greater acceptance of psychoanalytic psychotherapy consistent with that achieved in some overseas countries. The Confederation will also provide a unified voice to represent the profession to government and other bodies. It will collect and collate international research into the efficacy of our methods in order to support recommendations for increased funding; and coordinate advocacy work with government and other health authorities.

Submissions. We have made submissions to 5 government inquiries during the period of the formation of the Confederation, which are available for view on the website. There are other inquiries and reviews forthcoming and this activity will become a regular feature of our work. We are hoping this will become an important opportunity for us to educate policy makers and keep the unique contribution of our modality in the public view. The various submissions will be forwarded to the secretary of each member association for distribution to their members. These and all submissions can be viewed on our website at: <https://acpp.org.au/submissions>

We would encourage any members to alert us to opportunities to more accurately represent psychoanalytic work and views and to assist us with their experience and skills in doing this work.

We have started a bibliography of research showing the efficacy and value of psychoanalytic treatment and encourage anyone who is aware of important research, publications or achievements and precedents from other psychoanalytic groups round the world to draw it to our attentions so that we can maintain one unified date base for our use.

Accreditation Body. The Confederation is envisaged as an accrediting body, which will ensure that international standards in training, therapy and supervision are maintained by its Member Associations and that it will work towards establishment of a Register of accredited psychoanalytic psychotherapists.

The Board. As a Board of eight representatives, all of whom have busy professional lives, we are not able to do all this work ourselves and need the support of members of our Associations to serve on various subcommittees. The subcommittees will be essential to the work of the Confederation. We strongly encourage members of our Associations to consider supporting the work of the Confederation which will not only advance our profession but be of great help to the Australian community which is in need of our voice in the public arena.



Introducing the Board



President: Rob Gordon is a clinical psychologist with a private psychotherapy practice in Box Hill North, Victoria. He is a past president and current Director of Training for the Australian Association of Group Psychotherapists. He specialises in the psychotherapy of trauma and group psychotherapy for adolescents and young adults as part of a general psychotherapy practice. He is a

consultant to the Victorian Government and Australian Red Cross for emergency recovery and has a particular interest in the role of social processes in disaster and trauma.



Vice-President: Timothy

Keogh is a training analyst, full member of the Australian Psychoanalytical Society and a Senior Lecturer, Medical School, University of Sydney. He is also co-chair for Australasia of the IPA Committee on Couple and Family Psychoanalysis and a Vice President of the International Association of Couple and Family

Psychoanalysis (IACFP). He is the president of a psychoanalytic charity (which he co-founded) for couples (*Penthos – Penthos.org.au*) that offers free short-term psychoanalytic therapy for couples and families.



Secretary: Patrick Burnett is a Jungian analyst and training analyst in private practice in Bangalow in the hinterland of Byron Bay. He has been involved on many levels with the Australian and New Zealand Society of Jungian Analysts and their training arm, The C.G. Jung Institute of ANZSJA, over the past 20 years. His clinical interests include: dreams and dreaming,

meditation, brain lateralization, the nature of countertransference, the science of consciousness and its intersection with spirituality.

When not involved in his clinical and professional work Patrick likes to get "down and dirty" by landscaping and gardening with his wife on their 5-acre hinterland property. He also likes to pretend that he is making progress in playing blues guitar!



Treasurer: Paul McEvoy hails from Western Australia, where he initially trained as a psychologist, completing his Clinical Psychology Masters degree in 1982. His interest in psychoanalytic thinking led him to further post graduate psychoanalytic psychotherapy training. He has maintained an active involvement with his local psychoanalytic psychotherapy

association (APPWA) and PPAA, and more recently the Australasian Confederation of Psychoanalytic Psychotherapies, holding a variety of committee and executive positions in all three associations. He currently works full-time as a psychotherapist, primarily in individual adult psychotherapy and supervision of other psychotherapists. His professional interests include the disruptions in emotional development which give rise to disorders of the self, contributing to depression, anxiety, relationship difficulties, somatic problems, and personality disorders.



Chris Hill is a Clinical Psychologist and Adjunct Research Associate, Monash University; a member of the AAGP and PPAA, both of which she has held Executive positions; and since 1999 a Fellow of the IPA College of Researchers. She has presented clinical papers on individual and group work at several international conferences and authored a book based on her Doctoral thesis entitled “*What do patients want? Psychoanalytic perspectives from the couch*”, Karnac Books. Over the past 22 years Chris has developed a great interest in organizing the annual Melbourne Freud Conference with a small committee, and which focuses on a topical theme, bringing together psychoanalytic and alternative perspectives by professionals in their distinctive fields. Keeping fit is achieved by daily walking her young, very active Cavoodle, and playing competition tennis.



Paul Foulkes is a psychoanalytic psychotherapist and psychiatrist in private practice. He is the Chair of the PPAA Ethics Committee, and has been a Past President of the Psychoanalytic Psychotherapy Association of Australasia and the Victorian Association of Psychoanalytic Psychotherapy

(VAPP). He has also been past Chair of the VAPP Ethics Committee and a past Chair of the Section of Psychotherapy of the RANZCP.

Paul’s areas of professional interest have in particular included Ethics as applied to the practice of Psychiatry and Psychoanalytic Psychotherapy. He has a continued interest in the area of Eating Disorders being a Founder of the Australian and New Zealand Academy of Eating Disorders. He teaches and supervises in Psychotherapy training courses, and at the Royal Melbourne Hospital.



Sue Oliver is a psychiatrist, training analyst for ANZSJA and a member of the IAAP and an active member of the VAPP and PPAA. She teaches and supervises in the VAPP and ANZSJA training programs and the advanced psychotherapy training program for psychiatrists. She has worked with indigenous

communities in Western Victoria and has a private practice in analytic individual and couple psychotherapy in Melbourne CBD. Sue replaces Andrea Cone-Farran as the second ANZSJA representative.



Leonie Sullivan is a psychoanalyst and psychoanalytic psychotherapist, as well as being registered with British Psychoanalytic Council (Dynamic Interpersonal Therapy). She is also an accredited mental health social worker with over 40 years’ experience in the field of mental health. Originally working at a large teaching hospital in

Sydney where she worked in the inpatient and liaison psychiatry department conjointly with the University of NSW. She is an accredited Balint Leader and Educator with membership in Australia, China and the United States and has taught Balint work regularly in Australia, Central Asia and China since 2008.

Leonie is a member of the NSW Institute of Psychoanalytic Psychotherapists, the Psychoanalytic Psychotherapy Association of Australia and International Psychoanalytical Society and the Australian Psychoanalytical Society.

She has been a visiting professor for the advanced individual and group psychotherapy training at the Wuhan Hospital for Psychotherapy and Wuhan Mental Health Centre affiliated with Tongji Medical School, Huazhong University China since 2012.

Comings and Goings from the Board

Ros Webb, who has been a valuable part of the formation of the Confederation since its beginnings, is retiring as a Board Member now that she has become President of the PPAA. We wish Ros well with her new responsibilities and will miss her contribution.

Her replacement is Paul Foulkes, who we welcome and look forward to working with.

I would also like to acknowledge the valuable work done by Adele Carmady from APAS who resigned last year and was replaced by Leonie Sullivan. We are pleased to welcome Leonie on board as well.

Andrea Cone-Farran has also recently left the board. Andrea was invaluable during our “set up” processes with her experience and knowledge as a lawyer. We wish her well with her ethics work with the IAAP.

Sue Oliver has recently joined the board to replace Andrea. The board looks forward to her involvement.

I know how busy everyone is and want to express my gratitude for everyone fitting this important work into their schedules.



Adele Carmady is a Psychoanalyst and Counselling Psychologist with additional training in couples’ therapy and has worked in private practice in Melbourne for the past 15 years. Prior to private practice work Adele worked in a variety of settings including family counselling and group work, sexual assault and local government. Until

recently Adele was on the national Executive committee of the Australian Psychoanalytical Society serving 5 years as the Honorary Treasurer and is currently Chair of Admissions (for training) with the Melbourne Branch. Adele was also a part time lecturer in psychology and counselling at Swinburne University until 2016 but is now focused on working towards retirement and moving to country Victoria.



Andrea Cone-Farran has been a representative of ANZSJA since 2012 to advocate for a peak professional association. She is a training analyst and chair of ethics and governance with ANZSJA. Andrea is a member of the Association of Jungian Analysts in London and registered and accredited with the British Psychoanalytic Council which has provided a significantly helpful model

for ACPP to consider. Andrea is also a fully qualified lawyer and has been appointed to the International Association for Analytical Psychology (IAAP) Ethics Committee as a member dealing with global ethics matters. Andrea has kindly agreed to continue her work with the Confed as the ANZSJA representative on the Ethics Committee.



Ros Webb is a Child, Adolescent and Adult Psychoanalytic Psychotherapist and Clinical Psychologist. She has participated continuously with the evolution of the ACPP from mid 1990s, in all its incarnations as a PPAA rep - from the first gathering of representatives of psychoanalytic associations of Australasia to the move as a section of PACFA in 2000, the departure from PACFA 2010,

the evolution from the Steering Committee of the Psychoanalytic

Confederation to the formal formation of ACPP 2018. Ros retired from ACPP to take on the Presidency of PPAA in July 2019.

Over the past 45 years Ros has worked clinically in public sector settings and private practice. She specialised in clinical work, consultation, teaching, supervision and presentations related to adolescent psychotherapy from a psychoanalytic perspective. Ros has presented at local and international conferences.

Ros has been President of VCPA (now CPPAA), and co-President of VAPP and on various committees in PPAA, VCPA, VAPP and continues as Chair of CPPAA Ethics and Training Committee.

Ros creates space for being with family and friends, following her passion for travel, film and a range of the arts, and being on, in and under the water. She wishes the ACPP all the best in fulfilling its aims and objectives to represent and advocate for Psychoanalytic practice.

Our Upcoming Conference



The Conference committee is pleased to announce that the Confederation’s inaugural conference will be held on **Saturday 29th February 2020** at The Melbourne Brain Centre, Kenneth Myer Building, 30 Royal Parade, Parkville, Victoria. Details have been previously circulated via MA’s.

The Conference will be entitled “Unity and Diversity within the Group Mind of Psychoanalysis”. It is hoped that this conference will provide members of Confederation MA’s with an opportunity to explore unity and diversity in our thinking, and in our practice. For the inaugural conference it is intended that only members of our MA’s will be eligible to attend.

The day will involve a small number of papers – one from each member association -with each paper responded to by a discussant from a different theoretical or clinical orientation, before opening the session to broader audience discussion. This initial conference will give the members of the founding organisations a chance to meet, to explore ideas, and to take part in the process of building a professional community.

Obituary:

Vale Christopher Smale

It is with deep regret that the Confederation Board notes the passing of Chris Smale, who died on Tuesday 11th June, 2019.

Chris was a barrister who was instrumental in bringing the Confederation into existence. As the Confederation steering committee struggled with the complexities of setting up a formal body, Chris resolved our difficulty with a couple of simple questions. He brought his considerable legal skills, common sense, generosity and sense of humour to the task. His wisdom and creativity are embedded in our foundation documents, and Board members who had the privilege of working with him through this process mourn his loss. The Confederation will always be in his debt. The Board extends its deepest sympathies to Chris's family, including his wife Dr Suzanne Dean, his two children and his granddaughter.



Is there something the Confed should know about? A request for submissions? Developments in mental health policy, newspaper articles, etc. New research released on our profession? Drop us an email and let us know admin@acpp.org.au

We need you as the “eyes and ears” of our profession so that we can engage our resources quickly and efficiently. We need help with writing our submissions so that they are as academically and professionally presented as possible.

Please, do consider being a part of our work.