

**A psychoanalytic state of mind:
an emergent perspective on the work and formation of
psychoanalytic psychotherapists.**

DATE: Friday 3 December 7pm - 9.30 PM on ZOOM

COST: \$40, students \$ 20

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Dr Allan Shafer, Clinical Psychologist, is a psychoanalytic psychotherapist and a socioanalytic organisation consultant in private practice in Melbourne, and an international group relations consultant.

He is a member of the Victorian Association of Psychoanalytic Psychotherapists, was an Executive member of the Psychoanalytic Psychotherapy Association of Australasia and a former President of Group Relations Australia. He has published numerous articles and chapters in psychotherapeutic and socioanalytic journals and books.

Dr Shafer has directed or consulted on the staff of Tavistock-style group relations conferences in Australia, the UK, Europe, India, China, Israel, Poland and Taiwan. He was associate director of the Tavistock Institute's 2019 "Leicester Conference".

In this paper Dr Shafer offers the proposition that the essence of the psychoanalytic psychotherapeutic process lies in the intersubjective domain: specifically in the curious relationship between psychotherapist and patient. To this end the stance or state of mind of the therapist is critical.

If the psychoanalytic process involves the examination of the subjective experience of others through an examination of one's own subjective experience in an interpersonal context, he proposes that the psychoanalytic psychotherapist needs to be in a particular state of mind to do this - what he calls a psychoanalytic state of mind. But what is this state of mind?

Dr Shafer will describe his conception of a psychoanalytic state of mind, how it functions therapeutically, and how it might be formed.



Please book by payment on NZIPP account: 38-9016-0052471-00 by 30 November 2021 and ask at secretary8nzipp@gmail.com for a Zoom link.